

The Jam

Count: 32 **Wall:** 4 **Level:** Intermediate

Choreographer: Dan Albro & Becca Fulford (15 February 2020)

Music: "The Jam" by: Cadillac Three



Intro: 24 counts, start on word "Hey"

[1-8] 2 HIP BUMPS RIGHT, 2 HIP BUMPS LEFT, ¼ TURN WALK, WALK, STEP, ½ PIVOT

1,2,3,4 Step side R bumping hips right, right, bump hips left, left (weight on L)
5,6,7,8 Turn ¼ right stepping fwd R, step fwd L, step fwd R, pivot ½ left weight on L - 9:00

[9-16] STEP, LOCK, STEP, STEP, LOCK, STEP, ¼ PIVOT, CROSS OVER, STEP SIDE

1&2 Step fwd R, lock step L behind R, step fwd R
3&4 Step fwd L, lock step R behind L, step fwd L
5,6,7,8 Step fwd R, pivot ¼ left weight on L, cross R over L, step side L - 6:00

[17-24] SAILOR STEP, BEHIND, SIDE, CROSS, LUNGE, TOUCH, KICK, BALL, CROSS

1&2 Cross R behind L, step side L, step side R
3&4 Cross L behind R, step side R, cross L over R
5,6,7&8 Lunge side R, touch L next to R, kick L fwd, step on ball of L, cross R over L - 6:00

[25-32] LUNGE, TOUCH, KICK, BALL, CROSS, ¼ MONTEREY TURN

1,2,3&4 Lunge side L, touch R next to L, kick R fwd, step on ball of R, cross L over R
5,6 Touch R toe side, turn ¼ right on L stepping R next to L
7,8 Touch L toe side, step L next to R - 9:00

Last Update – 28 Feb. 2020